



---

## HEALTHY COMMUNITIES:

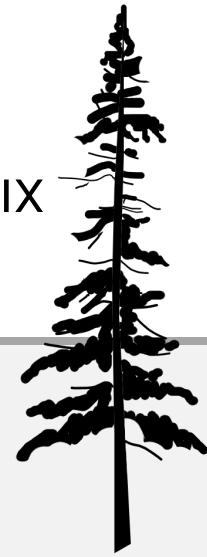
In the mid 2000s, as a new wave of information connecting unsustainable urban form and negative human health issues, Mark and his team began working with local Health Authorities to better link health outcomes to urban planning decisions and processes. Since 2011, Mark's New Monaco project has set a goal of creating the healthiest neighbourhood in Canada and he has continued work on this topic with physicians, professors, students and various health experts.

---

Mark uses a framework for assessing and responding to health issues in urban development that is similar to the Sustainability Matrix – only with Health Issues on one axis and urban planning and design issues on the other.



## HEALTHY COMMUNITIES MATRIX



**THE HEALTH ISSUES  
INCLUDE, ACROSS ALL  
AGES:**

- Physical health considerations
- Social health considerations
- Mental health considerations

**THE RESPONSES TO  
THESE ISSUES IN THE  
PATTERNS OF  
PLANNING AND  
DESIGN INCLUDE:**

- Provision of health services in various facilities
- Design of the neighbourhood to support a healthy and safe lifestyle
- Programs that lead to the creation of a culture of healthy living
- Monitoring programs to understand and respond to ongoing health outcomes in the neighbourhood

